

R V I S MENU

June-19

Date	1st week	Snacks	Lunch
3-Jun	Monday	Fruits, egg/ veg roll and milk .	Rice, dal, seasonal veg. and papad.
4-Jun	Tuesday	Fruits, veg cutlet and milk.	Egg/ veg fried rice and manchurian
5-Jun	Wednesday	Holiday	Holiday
6-Jun	Thursday	Fruits, red sauce pasta and milk	Rice, lauka in dal. seasonal veg. and salad.
7-Jun	Friday	Fruits, coleslaw sandwich/ bread butter jam and milk	Rice, dal, seasonal veg. and baigun bhaji

Date	2nd week	Snacks	Lunch
10-Jun	Monday	Fruits, veg fallay & milk.	Rice, fried egg curry/ paneer or mushroom curry & veg.
11-Jun	Tuesday	Fruits, pasta in white sauce.	Veg palau, aludum, chatni and sweetdish.
12-Jun	Wednesday	Fruits, cornflakes with chocos, fruits & milk.	Rice, dal, dilwala butter chicken/ paneer butter masala & seasonal veg.
13-Jun	Thursday	Fruits, aloo chop, chatni & milk.	Rice, dal, seasonal veg. and aloo bhaji.
14-Jun	Friday	Fruits, french toast & milk.	Rice, dal, seasonal veg. and papad fry.

Date	3rd week	Snacks	Lunch
17-Jun	Monday	Holiday	Holiday
18-Jun	Tuesday	Fruits, bread chop and milk.	Rice, dal, seasonal veg. and baigun bhaji
19-Jun	Wednesday	Fruits, oats with nuts and milk.	Chicken/ veg chowmein/ fried rice/ kichari
20-Jun	Thursday	Fruits, saag / aloo parata with curd .	Rice, dal, chana with spinach and chatni.
21-Jun	Friday	Fruits, egg / veg burger and milk.	Rice, dal, seasonal veg. and aloo fry.

Date	4th week	Snacks	Lunch
24-Jun	Monday	Fruits, aludum with cheura and milk	Rice, dal, seasonal veg. and papad.
25-Jun	Tuesday	Fruits, pav bhaji and milk .	Khichiri, chatni, papad and sweet dish
26-Jun	Wednesday	Fruits , pancake and milk	Rice, dal, dry fry chicken/ fried paneer and seasonal veg.
27-Jun	Thursday	Fruits, fried veg./ egg pasta and milk	Rice, rajma, seasonal veg., karela/ aloo fry.
28-Jun	Friday	Fruits, butter / jam / cheese sandwich & milk	Rice, dal, seasonal veg. and salad